



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

January 2024



Available to Kindergarten, First, Second and Transition: Turkey & Cheese or Ham & Cheese Sandwich, Fruit, Veggie and Milk

No Sack Lunches Available

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 School year.</p>		
1	2	3	4	5
<p>NO SCHOOL</p>	<p>Cinnamon Toast Fruit Juice, Milk</p>	<p>Pancake on a Stick Fruit Juice, Milk</p>	<p>Biscuits and Gravy Sausage and Fruit Juice, Milk</p>	<p>Cereal and Toast Fruit Juice, Milk</p>
	<p>CornDog Steamed Broccoli Salad Bar Fruit Milk</p>	<p>Chicken Fried Steak Fingers Mashed Potatoes WG Hot Roll Fruit Salad Bar Milk</p>	<p>Spaghetti w/ Meat Sauce Green Beans Breastick Cheese Stick Fruit and Milk National Spaghetti Day</p>	<p>Pepperoni Pizza Baby Carrots Salad Bar Fruit Pudding Milk</p>
8	9	10	11	12
<p>Sausage Biscuit Fruit Juice, Milk</p>	<p>Yogurt and Grahams Fruit Juice, Milk</p>	<p>French Toast Sticks Fruit Juice, Milk</p>	<p>Biscuits and Gravy Sausage and Fruit Juice, Milk</p>	<p>Cereal and Toast Fruit Juice, Milk</p>
<p>Hamburger Potato Wedges Salad Bar Fruit Milk</p>	<p>Vegetable Beef Soup Cheese Stick Crackers Salad Bar Fruit Cinnamon Roll and Milk</p>	<p>Chicken Nuggets Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk</p>	<p>Crispito Corn Chips and Salsa Salad Bar Fruit Milk</p>	<p>Fish Sticks French Fries Black Eyed Peas Salad Bar Donut and Milk National Donut Day</p>
15	16	17	18	19
<p>Martin Luther King Jr. Day</p>	<p>Oatmeal and Toast Fruit Juice, Milk</p>	<p>Pop Tarts Fruit Juice, Milk</p>	<p>Biscuits and Gravy Sausage and Fruit Juice, Milk</p>	<p>Cereal and Toast Fruit Juice, Milk</p>
	<p>Pizza Spaghetti Green Beans Salad Bar Fruit Milk</p>	<p>Breakfast for Lunch Scrambled Eggs & Sausage Links Hashbrowns WG Toast Fruit Milk</p>	<p>Chili Beans Crackers Salad Bar Fruit SideKick Milk</p>	<p>Cheese Pizza Tossed Salad Salad Bar Fruit Milk</p>
22	23	24	25	26
<p>Breakfast Pizza Fruit Juice, Milk</p>	<p>Donut Fruit Juice, Milk</p>	<p>Waffles Fruit Juice, Milk</p>	<p>Biscuits and Gravy Sausage and Fruit Juice, Milk</p>	<p>Cereal and Toast Fruit Juice, Milk</p>
<p>Toasted Cheese Sandwich French Fries Salad Bar Strawberries and Cake Milk</p>	<p>Chicken and Noodles Green Peas Go-Gurt Cornbread Salad Bar Fruit and Milk</p>	<p>Chicken Strips Mashed Potatoes WG Hot Roll Salad Bar Fruit Milk</p>	<p>Beef Taco Refried Beans Salad Bar Fruit Ice Cream Milk</p>	<p>Chili Dog Tator Tots Salad Bar Fruit Milk</p>

Menu Subject to Change According to Product Availability

This institution is an equal opportunity provider.